

タイのPHCシステムにおける 小児のヘルス・プロモーション戦略

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Primary Health Care

- Health for All by the year 2000
– Alma Ata declaration (1978)
- PHC is a philosophy or a development concept
- PHC is the first point of contact
- PHC is a set of activities
- アクセスの改善、公平性、住民参加、予防活動重視などの実現を求めて形成された理念かつ方法論。
国際保健用語集(国際保健医療学会)

HP)

タイ王国



	National Average	Global Average
総人口	69,122	
GNP/capita	8,190	
都市人口割合	34%	50%
平均寿命	68	70
5歳未満死亡率	13	57
妊産婦死亡率	48	210

<http://www.who.int/gho/countries/tha.pdf>
Accessed Apr 19, 2013

- 76県、バンコク首都府

The Development of PHC in Thailand 1

- The 4th National Health Development Plan (1977-1981)
– Establishment of trained volunteers
- The 5th National Health Development Plan (1982-1986)
– 8 components of activities
 - Health education,
 - Nutrition,
 - Immunization,
 - Treatment of minor ailments,
 - Environmental sanitation & safe water supply,
 - Provision of essential drugs,
 - MCH(maternal & child health) activities with FP(family planning),
 - Locally endemic disease control

Reference : Case studies of Innovative Primary Health Care in Thailand
Health systems research institute, Ministry of Public Health Thailand

The development of PHC in Thailand 2

- The 6th National Health Development Plan(1987-1991)
 - Focus: quality and opportunity for people to participate in the QOL development.
 - Basic Minimum need approach
 - 2 more components of activities
 - Dental care, mental health
- The 7th National Health Development Plan(1992-1996)
 - Focus: Self care promotion
 - 14 components of activities:
 - Pollution prevention & mitigation,
 - Consumer protection
 - Control of accidents and NCD including HIV/AIDS prevention& control
 - Establishment of community primary care units.
- The 8th National Health Development Plan(1997-2001)
 - Community empowerment, decentralization
 - Introduction of Universal Coverage (30 Bahts scheme)

Reference : Case studies of Innovative Primary Health Care in Thailand
Health systems research institute, Ministry of Public Health Thailand

Hospital based service provision

- Provincial hospitals
 - 1 hospital per 1 province,
 - Doctors, Nurses
- District hospitals
 - 1 smaller hospital with 30-50 beds,
- Primary care unit
 - Nurses, Doctor
- Health center
 - 1 trained officer (nurse), no doctors

Community services

- Village health volunteers (VHVs)
 - 10-12 volunteers per village
 - Nomination by village heads
 - 1 week training
 - No (small) incentives
 - Support community health activities
 - Community circuit
 - Surveillance activities
 - Health education activities

District Hospital



MCH materials



Community Health Center



Village Health Volunteers (VHVs)



NCD challenges of children in Thailand

- Prevalence of Obesity
 - 10.8-15.6% (Langendijk G et.al 2003)
 - For reference, 27.8% in Ho chi Minh, Vietnam (Nomura et.al. 2007)
- Oral impact
 - sensitive tooth (27.9%), oral ulcers (25.8%), toothache (25.1%), exfoliating primary tooth (23.4%) (Gherunpong S et.al. 2004)

Thailand's NCD strategy for children

- Link with primary health care activities
 - Link with school health activities
 - Utilization of school health volunteers
 - Link with traditional activities
 - Song for enlightenment
 - Inclusion of children into adult activities
 - Fitness activities

School Health Volunteers



Exercise Activities



The way forward

(Challenge for Thailand)

- UHC (Universal Health Coverage)
 - Next agenda beyond 2015
- Decentralization & Universal Coverage
 - Strength
 - Reasonable strategies & Activities
 - Weakness
 - How to promote preventive activities within limited resources?